



FREE TELETHERAPY SERVICES FOR MSSC PHYSICIANS

MSSC is partnering with The Battle Within and Frontline Therapy Network to offer teletherapy services to physicians. MSSC members can receive up to six free, confidential teletherapy sessions with a vetted therapist.

HOW DOES IT WORK?

Fill out an application at www.thebattlewithin.org/frontline-therapy-network. A psychotherapist will respond, usually the same business day. The therapist will conduct a basic assessment to connect you with the network therapist most ideal to support your needs. After you have been linked to your therapist, you will coordinate and schedule your first free session.

IS IT REALLY CONFIDENTIAL?

Yes. Patient and psychotherapist communications are privileged and protected from compelled disclosure.

WHAT IF I FEEL THE NEED FOR CONTINUED SESSIONS?

You'll work closely with your therapist, and if you desire to continue beyond the original six free sessions, your therapist can request additional free sessions. So long as The Battle Within has funding available, it will do what it can to support your needs. If it cannot meet your request for additional free sessions, your therapist will talk with you about the options to continue through insurance or reduced or normal rates.

WHAT ARE THE QUALIFICATIONS OF THE THERAPISTS?

The Battle Within vets each therapist in its network. Therapists are licensed and qualified in their unique fields. Many of these therapists also have additional certifications in specialties or modalities that can be highly valued therapies, such as Somatic Experiencing or Eye Movement Desensitization and Reprocessing. The Battle Within will not make referrals to therapists if it does not feel confident the therapist is well prepared to provide the needed care.

WHO IS FUNDING THE FREE SESSIONS?

The Battle Within works with partners and private donors to raise funds for these services. These partners include the University of Kansas Health System, Veterans United Foundation and Dimensional Innovations.

HOW DO I FIND MORE INFORMATION?

Visit thebattlewithin.org or contact it at (913) 359-6100 or info@thebattlewithin.org