

MSSSC NEWS

MAY 7 MSSC MEMBERSHIP MEETING

Taking a closer look at physician burnout in Wichita

An MSSC membership meeting next month will present the results of a burnout and quality of life study conducted by the University of Kansas School of Medicine-Wichita from a survey of MSSC members.

Dr. Rick Kellerman, MD, and Samuel Ofei-Dodoo, PhD, will present their findings and talk about how those results compare with national statistics. They also will discuss how physicians can increase their personal and professional well-being and job satisfaction.

The meeting will feature the election of 2020 MSSC board members. Those who cannot attend the meeting may vote by sending in the ballot printed in this newsletter.

► MSSC membership meeting, elections

WHEN: 6-8 p.m. on Tuesday, May 7

WHERE: Wichita Country Club, 8501 E. 13th St. N

COST: \$10 per person, includes dinner and drinks

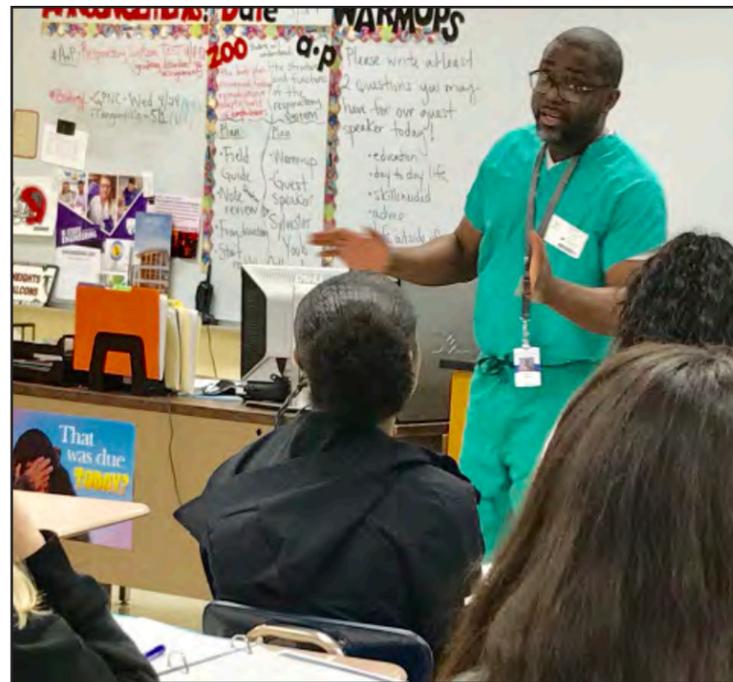
RSVP: By Thursday, May 2. E-mail Denise Phillips at denisephillips@med-soc.org or call her at (316) 683-7558



SAMUEL OFEI-DODOO, PHD RICK KELLERMAN, MD

THE MEDICAL SOCIETY OF SEDGWICK COUNTY IS ACCREDITED BY THE KANSAS MEDICAL SOCIETY TO PROVIDE CONTINUING EDUCATION FOR PHYSICIANS. THE MEDICAL SOCIETY OF SEDGWICK COUNTY DESIGNATES THIS LIVE ACTIVITY FOR A MAXIMUM OF **1 AMA PRA CATEGORY 1 CREDIT™**. PHYSICIANS SHOULD CLAIM ONLY THE CREDIT COMMENSURATE WITH THE EXTENT OF THEIR PARTICIPATION IN THIS ACTIVITY.

Physicians inspire students for Doctors' Day



About a dozen MSSC members celebrated National Doctors' Day this year by visiting area high schools and sharing their experiences, challenges and triumphs in becoming a doctor.

Drs. Patty Bledsoe, MD, Gretchen Irwin, MD, Matthew Macaluso, DO, Justin Moore, MD, Renae Schuler, MD, Tiffany Schwasinger-Schmidt, MD, Jonathan Scrafford, MD, Timothy Shaver, MD, Elisha Yaghmai, MD, and Sylvester Youlo, MD, spoke to students at a half dozen high schools.

Many students are curious about how to become a doctor and perhaps a bit daunted by the amount of school and training physicians must undertake. That shouldn't stop a person who has a heart for healing, said Scrafford, who spoke at The Independent School.

People assume that doctors-to-be must be science-oriented, have perfect grades and be wealthy in order to fund their education and training. "Those things just aren't necessarily

DOCTORS TELL THEIR STORIES: AS ONE OF SEVERAL MSSC MEMBERS PRESENTING TO STUDENTS IN HONOR OF NATIONAL DOCTORS' DAY 2019, DR. SYLVESTER YOULO, MD, SHARED WITH HEIGHTS HIGH SCHOOL STUDENTS HIS JOURNEY ARRIVING IN AMERICA AS A REFUGEE FROM WEST AFRICA AT AGE 24, GOING TO COLLEGE AND EVENTUALLY BECOMING AN ORTHOPEDIC SURGEON. MORE DOCTORS' DAY PHOTOS, PAGE 3.

PLEASE SEE DOCTORS' DAY, PAGE 3

Time for an honest report card on the electronic health record



Dr. Michael Lievens, MD
April President's Message

Over the past 10-15 years, the practice of medicine in the United States has undergone an expensive and time-consuming transition to the electronic health record (EHR). It was encouraged/incentivized by the government, and many

benefits were promised.

It is time to issue a report card, of sorts, on the results of the transition thus far, and maybe some hopes for the future of the EHR.

The many promises of the EHR included: more portability of health history data for patients, providers and payers; significant cost savings to the system overall; improved patient safety and improved efficiency, and thus the ability to "do more with less."

Well, how are we doing?

I think it is clear we do not have much more portability of health records -- not at the level of the doctor and patient, anyway. EHR systems do not talk to one another. Medicine is one of the few industries that still uses fax machines and "burns" information on CDs.

It is possible to log in to the hospital systems to get data from a hospital encounter of a given patient, but it is not seamless or quick. The only place this seems to work is in closed health care systems that own or employ all elements of care. Much of the information obtained from outside your system is scanned in, so the information is not as easy to access and use.

Clearly, we still have a long way to go in this area. I give it a grade of "C."

Estimates of the cost of the transition to EHR are in the neighborhood of \$36 billion. Health care costs continue to climb in the U.S., faster than the economy as a whole. It does not appear that the transition to EHR has had any beneficial effect on the upward trend in health care spending.

One of the promised benefits of the transition to EHR was its ability to control costs/save money. Objectively, it is hard to argue that it saves money. Hardware costs, software costs, and IT support costs are substantial to any practice or health system.

I give it a grade of "D." Or maybe an "F."

No database exists to track and study reports of deaths, injuries and "near misses" tied to software glitches, user errors and other system flaws. A recent Fortune magazine article, contributed

Wichita physician to bike to Canada

Dr. Paul Harrison, MD, his brother and a longtime friend will bicycle to Canada next month to help advance research and treatment options for the eating disorder that ended his daughter's life.

Harrison will depart from Wichita State University's Alumni Association on Friday, May 10, at 8 a.m. He will ride nearly straight north for 10 or 11 days on the 1,000-mile trip to Winnipeg, Manitoba.

Dr. Harrison made this trip to Canada before with his friend on their bicycles. In 2016, they launched the journey unaided and made it to Winnipeg in 10 days. Their efforts raised funds for the Alzheimer's Association of Central & Western Kansas.

This time, Harrison is raising money to benefit the National Eating Disorders Association (NEDA). It is the largest nonprofit organization dedicated to supporting individuals and families affected by eating disorders.

Follow Bridget's Wreath on Facebook. Donations may be directed to <https://diy-fundraising-for-neda.everydayhero.com/us/bridget-s-wreath>.

to by Kaiser Health News, suggests that there are many thousands of such events. Many vendors have imposed "gag orders" to prevent customers from going public with examples of such problems.

Clearly, the EHR has fixed some problems such as reading illegible handwriting. But has it made health care safer? Has it reduced errors? I'm not sure we can answer this question, or give a grade at this point.

Has it improved efficiency? I find it difficult to see this. In fact, it appears that it may be hurting us.

In a 2018 Harris poll on behalf of Stanford Medicine, 74% of physicians felt that EHR increased the total number of hours worked per day, 69% felt that EHR takes valuable time away from patient care, and 71% felt that EHR contributes greatly to physician burnout.

Some of the "efficiencies" are actually inappropriate. The amount of "cut and paste" used in some notes is worrisome. Also, the numerous pages of data in an EHR progress note are typically consumed by information that is often only present for billing purposes, and it makes the note itself all but unreadable. We are spending more and more time producing notes that will only be read by auditors, coders and attorneys.

What busy physician has time to read a four-page note for a simple follow-up visit? Who even wants to read that?

On this point, I give EHR a grade of "D."

So, what can be done? Where is this going?

Clearly, EHR is not going away. But I have hope. The technology exists to make this so much better. Superb voice recognition and activation is possible. The "Alexa" in my kitchen has better voice recognition than Dragon. And any Xbox has a better interface with its user than much more expensive EHR systems.

Augmented intelligence needs to be somehow carried with us, creating notes, making suggestions, sending prescriptions, ordering tests, doing the billing, and having it all finished by the time I walk out the door of the exam room. Just picture this happening. How much better would your day be? How much better would our care be?

This is possible. It irritates me that we don't have this already. The market is enormous (see the earlier \$36 billion figure). I hope the venture capitalists and technophiles out there are listening. Whoever produces this will join the likes of Bill Gates, Steve Jobs and Jeff Bezos in changing the lives of many people -- and their own fortunes.



A LONG JOURNEY: DR. PAUL HARRISON, LEFT, AND HIS FRIEND, RICK STEPHENS, CONFER WITH BICYCLE PEDALER EXPERT, RUTH, IN PREPARATION FOR THEIR 1,000-MILE JOURNEY TO WINNIPEG NEXT MONTH.

BRIDGET'S WREATH
WICHITA WINNIPEG
RIDE FOR EATING DISORDER
AWARENESS & THERAPY

April
2019



Physicians
who care for ...
our patients,
our community,
and our profession.

MSSC
MEDICAL SOCIETY OF
SEDGWICK COUNTY

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DOCTORS' DAY CONTINUED FROM PAGE 1

true anymore," Scrafford said. Traits such as organization, critical thinking, and passion are also important, as is knowing how to talk and interact with people.

"Doctors really need to have the ability to listen and communicate," he said. "You don't have to be a biology major either. More and more medical schools are looking for people with diverse backgrounds and good communications skills."

Schuler spoke to students in the Health Sciences Academy at West High. "I love to share about medicine," she said, though she confided she is more comfortable saving lives than doing public speaking.

She shared her appreciation for the training she received in family medicine, which has allowed her to do a wide variety of work and change jobs based on her family needs and life events. She also appreciates the long-term relationships she has formed with patients. "I've seen the babies of the babies I've delivered," she said.

Schuler is the only person in her family who is a physician. Her father was an immigrant from Syria and her mother grew up in the projects of Detroit. She also shared how she had a reading disability that made medical school challenging, yet she sought help from school support staff and persevered.

"You have to have dedication," she said. "Don't be discouraged if you hit a bump in the road."

Schuler said that being a physician also requires paying attention to what happens in Topeka or Washington, D.C. "You have to be politically savvy and involved," she said, noting how MSSC sends out emails to update physicians on legislation that could impact the practice of medicine or patient care.

Irwin said she also got into family medicine for the breadth and diversity of practice. She spoke to a science class at Heights High School, where students asked why she chose her career path. "I know a little about a lot of stuff, and that helps my patients get the best care they need," she said. "I really love family medicine because I like the variety."

Moore spoke to students at North High School. He described the process of becoming a doctor, from the classes students need to take in college to what the MCAT questions are like. He noted how medical schools often appreciate students with different backgrounds and majors. Students asked questions such as whether Moore had to work during college (yes) and whether he and his wife, Dr. Tracy Williams, MD, had to go to different cities for their residencies (no).

Youlo shared with Heights High School students his journey arriving in America as a refugee from West Africa at age 24, going to college and eventually becoming an orthopedic surgeon.

Students wanted to know why he chose orthopedics, what were his hardest and longest surgeries, if he ever gets queasy cutting someone open, and whether the medical shows on TV are real. "Grey's Anatomy' is so fake," he said.

Youlo emphasized the importance of working hard in school, being disciplined and getting good grades. "If you do the work, you'll do fine," he told students.

Physicians make an impact with students ready to embark on their post-secondary education journeys. Teachers said they inspire students, leaving them with an awareness of college ma-



▲ DR. JONATHAN SCRAFFORD, MD



▲ DR. GRETCHEN IRWIN, MD



▲ DR. RENAE SCHULER, MD



▲ DR. JUSTIN MOORE, MD

for choices, medical school expectations, and how to guide their medical careers when they have many interests. Most physicians said to succeed at become a doctor mostly requires commitment and passion.

"Keep your eye on the fact that you can do it if you know that's what you really want," Irwin said. "Keep your eye on what you're working toward and you'll get there."

In Brief ▶▶
New and noteworthy

Annual skin cancer screening clinic

The 31st annual free Skin Cancer Screening Clinic provided by Wichita area dermatologists will be held on May 4 at the University of Kansas School of Medicine-Wichita from 8 a.m.-noon.

The clinic is sponsored by the American Academy of Dermatology, the Medical Society of Sedgwick County, and KUMC.

The clinic will be held at KUSM-Wichita's east entrance at 1010 N. Kansas. For more information, please call (316) 777-6104. A flyer is available for physicians to give to their patients.

Coalition looks at infant mortality rates

Nearly two dozen people representing various community initiatives and organizations attended a meeting of the Maternal Infant Health Coalition on March 25 at WSU Old Town. Attendees shared about the work they've been doing to decrease infant mortalities and improve health.

The good news is that Sedgwick County has seen a greater decline in its infant mortality rate than the state as a whole. The ongoing challenge is that the infant mortality rate from 2013 through 2017 was still higher in Sedgwick County (6.9 deaths per 1,000 live births) than the state rate (6.1). Sedgwick County also had more prematurity/low birth rate babies (24 percent) than the state (19 percent).

Racial disparities also remain. The infant mortality rate for black infants in Sedgwick County was 14.1 deaths per 1,000 live births compared with a 4.6 rate for whites, and the 67218 zip code in southeast Wichita had an infant mortality rate of 12.6.

41st annual Health Care Roundtable

The 41st annual Health Care Roundtable will be held May 2, from 9 a.m. to 4 p.m., at Mark Arts, 1307 N. Rock Rd.

Speakers include Dr. Christa-Marie Singleton, senior medical advisor for the CDC, and Vicki Schmidt, Kansas insurance commissioner.

For more information and to register, visit the website of the Wichita Business Coalition on Health Care, an affiliate of MSSC, at WBCHC.com.

Infectious disease symposium May 1

Join leaders May 1 in public health, emergency response, preparedness and health care to learn how highly infectious disease outbreaks are contained and managed in Kansas and the Midwest.

Attendees can network with local, state and federal partners to share information on how to plan for disease outbreaks and maintain readiness in your jurisdiction.

Presentation topics include infectious disease and public health, pandemic flu, tuberculosis, rabies and tick-borne disease investigations, hepatitis C/syphilis, and syndromic surveillance training using Essence.

Cost is \$105, or \$130 with CEUs. The symposium takes place at the Johnson County Arts & Heritage Center in Overland Park. Registration closes on April 24. For more information or to register, visit <https://www.jocogov.org/dept/health-and-environment/event/2019/04/09/10226>

A fond retirement for Dr. Paul Callaway



A retirement reception for Dr. Paul Callaway, MD, was held April 3. Callaway had been the associate dean for Graduate Medical Education at the University of Kansas School of Medicine-Wichita since 2013. He was responsible for ensuring the academic quality and integrity of the graduate medical education programs. He previously served as program director in Family Medicine and as a faculty member in the Family Medicine residency programs.

Ascension Via Christi has new leader

Ascension Via Christi has named Kansas native and senior Ascension leader Don King to lead its hospital network in Kansas. King will serve as Ascension senior vice president and Kansas ministry market executive for the faith-based health care organization beginning April 15.



King most recently served as COO for Ascension Alabama, where he led efforts to address community social determinants through participation in statewide opioid and behavioral health initiatives and improved quality measures of sepsis, heart failure and pneumonia, Ascension said in a press release. King previously worked as a hospital COO for Ascension Tennessee before being promoted to the president and CEO for the hospital network. Before working at Ascension, he was an administrator at Lee's Summit Medical Center in Missouri and at Research Medical Center in Kansas City.

King, who grew up in the Kansas City area, earned both his undergraduate and master's degree in Physical Therapy from Loma Linda University in southern California.

Grant helps promote smoke-free work

A grant from the Kansas Health Foundation to the University of Kansas School of Medicine-Wichita/WorkWell KS will provide programs for businesses to help reduce smoking and tobacco use within in their employee base, free of charge.

The program will use evidenced-based strategies to reduce tobacco usage, increase quit attempts and make it easier for employees to avoid tobacco and secondhand smoke exposure at the worksite. For more information, call (316) 293-1853.



Unable to participate in MSSC’s election during the May 7 MSSC membership meeting?

You can still vote for the 2019 MSSC officers and board of directors candidates by completing the ballot below. Bylaws require this ballot must be signed and received in the MSSC offices by 5 p.m. Monday, May 6, 2019. Choose one of the following options to send this page:

- Fax to: (316) 683-1606
- Mail to: MSSC, ATTN: Denise Phillips, 1102 S Hillside, 67211
- Scan and e-mail to denisephillips@med-soc.org

PRESIDENT – ELECT

Stephen Grindel, DO

SECRETARY - Vote for one

Sheryl Beard, MD

Katie Rosell, MD

TREASURER - Vote for one

PJ Reddy, MD

Shadi Shahouri, MD

BOARD OF DIRECTORS - Vote for three

Howard Chang, MD

Phillip Hagan, MD

Justin Moore, MD

Vu Nguyen, DO

Chady Sarraf, MD

MEMBERSHIP and ETHICS - Vote for two

Therese Cusick, MD

Tana Goering, MD

Name: _____

Signature: _____

MSSC Election of 2020 officers | Candidate information

President-Elect



Stephen Grindel, DO – Practicing with Primary Care Associates. MSSC member since 1990. Board certified in Family Medicine & Infectious Disease. Graduated from University of Health Sciences of Osteopathic Medicine 1986. Internship at Riverside Hospital 1987. Residency at University of Kansas School of Medicine 1990.

Secretary Vote for one



Sheryl Beard, MD – Practicing with Ascension Medical Group Via Christi St Joseph Family Medicine. MSSC member since 2003. Board certified in Family Medicine. Graduated from University of Kansas School of Medicine 1999. Residency at KUSM-Wichita 2002.



Katie Rosell, MD – Practicing with Neurology Consultants of Kansas, LLC. MSSC member since 2017. Board certified in Neurology. Graduated from University of Kansas School of Medicine 2013. Residency at University of Colorado Health Sciences 2017.

Treasurer Vote for one



P. J. Reddy, MD – Practicing with Mid Kansas Wound Specialists, PA. MSSC member since 2015. Board certified in General Surgery. Graduated from Andhra Medical College in India. Rotating Internship at St. Vincent’s Hospital in Staten Island, NY, 1968, Residencies in Surgery and Plastic Surgery at Misericordia Hospital in the Bronx, NY, 1969; Knickerbocker Hospital, New York, NY, 1972, and Upstate University Hospital, Syracuse, NY, 1973.



Shadi Shahouri, MD – Practicing with Arthritis Rheumatology Clinics of KS. MSSC member since 2005. Board certified in Rheumatology. Graduated from American University of Beirut Medical School 1998. Internship at American University of Beirut Medical School 1999, Residency at KUSM-Wichita 2003, Fellowship at University of Kansas School of Medicine 2005.

Board of Directors Vote for three



Howard Chang, MD – Practicing with Via Christi Emergency Services. MSSC member since 2008. Board certified in Emergency Medicine. Graduated from University of Virginia School of Medicine 2005. Internship and Residency at Temple University 2008.



Justin Moore, MD – Owner of Double Arrow Metabolism, LLC. MSSC member since 2008. Board certified in Internal Medicine & Endocrinology, Diabetes & Metabolism. Graduated from KUSM-Wichita 2003. Internship at Internal Medicine Spokane 2004. Residency at KUSM-W 2006. Fellowship at University of North Carolina-Chapel Hill 2008.



Phillip Hagan, MD – Practicing with Kansas Joint & Spine Specialists, LLC. MSSC member since 2004. Board certified in Orthopaedic Surgery & Orthopaedic Sports Medicine. Graduated from Creighton University School of Medicine 1986. Residency at KUSM-Wichita 1991. Fellowship at University of Wisconsin School of Medicine 1992.



Vu Nguyen, DO – Practicing with Ascension Medical Group Via Christi – East 21st. MSSC member since 2018. Board certified in Family Medicine. Graduated from Kansas City University of Medicine and Bioscience 2013. Residency at KUSM-Wichita 2016.



Chady Sarraf, MD – Practicing with Sound Physicians. MSSC member since 2012. Board certified in Internal Medicine. Graduated from Lebanese University. Residency at St. Michaels Medical Center, NJ, 2009.

Membership and Ethics Vote for two



Therese Cusick, MD – Practicing with Wichita Surgical Specialists, PA. MSSC member since 2000. Board certified in Surgery. Graduated from University of Illinois College of Medicine 1994, Residency at University of Kansas School of Medicine 1999.



Tana Goering, MD - Practicing with Northwest Family Physicians. MSSC member since 1999. Board certified in Family Medicine. Graduated from University of Kansas School of Medicine 1996. Residency at University of Kansas School of Medicine 1999.

MEMBERSHIP

Members of the Society who know a good and sufficient reason why any of the following applicants are not eligible for membership are requested to communicate with the Medical Society of Sedgwick County, 683-7557

Key: [BC] Board Certified [F] Accredited Fellowship [R] Residency [AT] Additional Training [F*] Unaccredited Fellowship

NEW APPLICANTS

George J. Philip, MD

[BC] Surgical Critical Care
[BC] Surgery
Kansas Surgical Consultants, LLP
OFF: 685-6222
FAX: 618-9576
3243 E Murdock S-404, 67208

CORRECTIONS

Jason Woolard, MD

[BC] Vascular Surgery

CHANGES

Mohamed N. Mahomed, MD

Moving 5/1/2019 to
Kansas Joint & Spine Specialist
OFF: 219-8299
FAX: 219-5899
10100 E Shannon Woods Cir S-100, 67226
OFF: 750 N Socora S-200, 67212

Nathan Hall, DO

Sean Pyper, MD
KUSM- Wichita Pediatrics
OFF: 962-2080
FAX: 962-2079
3243 E Murdock S-510, 67208

Norman Koehn, MD

Via Christi Clinic-Murdock
FAX: 274-8889
3311 E Murdock, 67208

DROPPED

Lucas Lenci, MD – moved to Missouri

Jonathan Pankow, MD – Out of state for Fellowship

James Owens, MD – Moved out of area

Rodrigo Cayme, MD – Moved out of state

American Board of Medical Specialties re-examines its maintenance programs

The Continuing Board Certification: Vision for the Future Commission submitted its final report to the American Board of Medical Specialties (ABMS) Board of Directors with a final set of recommendations to improve the value of continuing certification for trained diplomates.

Physicians are initially board certified by one of the 24 Boards of the ABMS after meeting high standards for professionalism, completing post-medical school accredited training in a clinical specialty, and completing an independently administered, high-stakes assessment of knowledge and clinical skills developed by the respective specialty board. When certified, physicians become diplomates of the specialty's certifying board.

However, changes over the past several decades have raised questions on recertification and how and when it should be conducted. "Maintenance of Certification" programs have been questioned and criticized for, among other things, being inconsistent among boards, having little value and being unrelated to a physician's everyday practice of medicine. The Continuing Board Certification: Vision for the Future Commission conducted extensive research and testimony on the subject and released its final recommendations in February, including its foundational recommendation that continuing certification must integrate professionalism, assessment, lifelong learning and advancing practice to determine the continuing certification status of a diplomate.

Other recommendations include:

- **Assessment recommendation** – Continuing certification must change to incorporate longitudinal and other innovative formative assessment strategies that support learning, identify knowledge and skills gaps, and help diplomates stay current. The ABMS Boards must offer an alternative to burdensome highly secure, point-in-time examinations of knowledge.
- **Diplomate communication recommendation** – The ABMS Boards must regularly communicate with their diplomates about the standards for the specialty and encourage feedback about the program.
- **Recommendation on consistent processes and requirements** – The ABMS and the ABMS Boards must have consistent processes and requirements for continuing certification that are fair, equitable, transparent, effective and efficient.
- **Recommendation for diplomates who are multi-specialty** – The ABMS Boards must enable multi-specialty and subspecialty diplomates to remain certified across multiple ABMS Boards without duplication of effort.

To read and download the final report and recommendations, visit the Continuing Board Certification: Vision for the Future Commission website at <https://visioninitiative.org/commission/final-report/>

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